## Physical Education Mid-Term Study Guide

## African American Athletes

ATHLETE	SPORT	Accomplishment
Kareem Abdul-Jabbar	Basketball	Most NBA career points
Doug Williams	Football	1 <sup>st</sup> Black Quarterback to win the Super-bowl
Tiger Woods	Golf	1 <sup>st</sup> Black & youngest player to win the Masters
Barry Bonds	Baseball	Most Home Runs in one season (73)
Emmitt Smith	Football	All-time rushing leader (NFL)
Hank Aaron	Baseball	Broke Babe Ruth's career HR record
George Foreman	Boxing	Oldest boxer to win championship (45)
Bater Johnson	Decathlon	Shattered the record
Oscar Robertson	Basketball	Only player to avg. a triple-double for a season
Althea Gibson	Tennis	1st Black to win a Grand Slam Title
Arthur Ashe	Tennis	1 <sup>st</sup> Black to win Men's Single @ Wimbledon
Bo Jackson	Baseball/Football	Only player to be an all-star in two sports
Cito Gaston	Baseball	1 <sup>st</sup> Black manager to win the World Series
Jackie Robinson	Baseball	1 <sup>st</sup> Black Major League Baseball player
Wilma Rudolph	Track & Field	1 <sup>st</sup> Black to win 3 gold medals in single Olym games
Wilt Chamberlain	Basketball	Holds 72 NBA records / scored 100 points in 1 game
Derrick Rose	Basketball	Youngest NBA player to win M.V.P.
Alice Coachman	Track & Field	1 <sup>st</sup> Black to win a Gold medal
Barry Sanders	Football	Retired before breaking the rushing yards record
Venus Williams	Tennis	Holds 7 Grand Slam Titles
Shani Davis	Speed Skater	1 <sup>st</sup> Black to win Gold in winter Olympics (2006)

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Florence Griffith-Joyner	Track & Field	Holds the record for the 100m
Bob Beamon	Track & Field	Held Long Jump records for 22 years
Jack Johnson	Boxing	1 <sup>st</sup> Black to be Heavyweight Champion of the World
Bob Hayes	Football	Won Olympic Gold & inducted into NFL Hall/Fame
Jackie Joyner-Kersee	Track & Field	Heptathlon: Won Silver (1984) & Gold (1988 & 92)
Willie Mays	Baseball	Voted All-star player 24 times
Bill Russell	Basketball	Won NBA Championship 11 of his 13 years
Magic Johnson	Basketball	5x NBA Champ; 3x NBA M.V.P.
Carl Lewis	Track & Field	10 Olympic Medals; 9 are Gold
Serena Williams	Tennis	14 Grand Slam wins
Jesse Owens	Track & Field	Won 4 gold medals in the 1936 Olympics
Joe Lewis	Boxing	#1 ranked heavyweight of all time
Jim Brown	Football	Avg. 100 yds per game through entire career
Michael Jordan	Basketball	5x NBA M.V.P.; 6x Finals M.V.P.
Mohammed Ali	Boxing	Considered one of the greatest boxers of all time
Sugar Ray Leonard	Boxing	1 <sup>st</sup> Boxer to earn more than 1 Million in purses